

Y11 Exam Information Evening



Welcome



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Y11 Exam Information Evening



**Mr Taylor (Senior Vice Principal)
Mr Cooper (Assistant Vice Principal)
Mrs Owen (Assistant Vice Principal)**



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To share:

- the upcoming exam schedule
- the revision programme we are offering
- rewards with the revision programme
- exam regulations and what they mean to you
- identifying and managing stress
- support available to pupils



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We are committed to delivering exceptional learning experiences that enable all young people to thrive in a competitive world and lead successful and fulfilling lives



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Simply put.....



We want **all** our students to leave Maltby Academy as '**good people**', who have **enjoyed** their journey and are armed with **excellent outcomes** ready for whatever is **next** for them.



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Extra sessions



Mon 9th May	Tue 10th May	Wed 11th May	Thu 12th May	Fri 13th May	Sat 14th May	Sun 15th May
					Comp Sci & Sci 9:00-2:00	Eng Lang 9:00-2:00
Mon 16th May	Tue 17th May	Wed 18th May	Thu 19th May	Fri 20th May	Sat 21st May	Sun 22nd May
Science 2:30-4:30	Eng Lang 2:30-4:30	History & Drama 2:30-4:30	Maths 2:30-4:30	Geography 2:30-4:30	Geography 9:00-2:00 online	Eng Lit 9:00-2:00
Mon 29th May						
Mon 5th June						
Geography 9-11						Eng Lit 9:00-2:00
Mon 12th June						
Geography 2:30-4:30						Maths & Sci 9:00-2:00
Mon 19th June						
Geography 2:30-4:30						
Mon 20th June	Tue 21st June	Wed 22nd June	Thu 23rd June	Fri 24th June	Sat 25th June	Sun 26th June
Science 2:30-4:30	Further Maths 2:30-4:30	Science 2:30-4:30				

Rewards
Food



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Exam schedule



Mon 16th May	Tue 17th May	Wed 18th May	Thu 19th May	Fri 20th May	Sat 21st	Sun 22nd
	Sci - Biology	Eng Lang	History	Maths		
Comp Sci			Drama			
Mon 23rd May	Tue 24th May	Wed 25th May	Thu 26th May	Fri 27th May	Sat 28th	Sun 29th
Geography		Eng Lit	Spanish	Sci - Chemistry		
<h2>Exam contingency date</h2> <h3>Wed 29th June</h3>						
		Further Maths				



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Extended P4



Study Targeted P4 subject in grey
- 2 hours after school

Don't study the Targeted subject
- go to 'normal' P4 to left (white)

Exam Date	Normal P4 (1hr)	Targeted P4 (2hr)
Mon 16 May	Science - Biology Paper 1	
Tue 17 May	English Language	
Wed 18 May	Gg/Ar/Eo/En/Ma	History/ Drama
Thu 19 May	Maths	
Fri 20 May	Bs/Hs/St/Ms/Eo/Hi/En	Geography
Mon 23 May	Maths	Media Studies
Tue 24 May	English Literature	
Wed 25 May	Cp/It/En/MA/Sc	Spanish
Thu 26 May	Science - Chemistry Paper 1	
Fri 27 May	Bs/Hs/St/Pm/Dr/Eo/Hi/En	
Half Term Break		
Mon 06 Jun	Maths	Geography
Tue 07 Jun	English Literature	
Wed 08 Jun	Science - Physics Paper 1	
Thu 09 Jun	English Language	
Fri 10 Jun	Maths	
Mon 13 Jun		Geography
Tue 14 Jun	Science - Biology Paper 2	
Wed 15 Jun	Science	History
Thu 16 Jun		Spanish
Fri 17 Jun	Science - Chemistry Paper 2	
Mon 20 Jun	Science - Physics Paper 2	
Tue 21 Jun		
Wed 22 Jun	Science - Physics Paper 2	
Thu 23 Jun		

Extended Period 4



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Pre-exam boosters



Morning

08:00 – Breakfast served

08:20 – Pre-exam session start

08:45 – Pupils to Diner or Atrium

Afternoon

12:00 – Y11 lunch (with P2 staff)

12:25 – Pre-exam session start

12:45 – Pupils to Diner or Atrium

In Maths rooms



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Exam regulations



- No mobile phone
- No watch
- No label on water bottle
- No toilet in first 30 minutes
- No toilet in last 30 minutes
- No notes / paper / writing
- Not be very late

Any breaches - malpractice

- zero on paper
- disqualified from all exams

NB: Missed exams cannot be rearranged



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Exam stress tips for parents



Symptoms of Stress:

- Tearfulness, low mood
- Difficulty sleeping
- Erratic eating - lack of appetite and/or overeating
- Inability to concentrate and forgetfulness
- Feeling unwell - headache, stomach-ache, dizziness, fatigue

Life skills lessons



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How parents can help



- Ensure your child is eating regular, balanced meals and keeping hydrated. This is important for energy, focus and concentration <https://www.nhs.uk/live-well/eat-well/>
- Make sure your child is taking regular, active breaks which takes them away from sitting at a computer screen. Consider a 5-10 minute break every 30-60 minutes <https://www.oxfordlearning.com/study-break-tips/>
- Encourage your child to engage in relaxation exercises, including breathing techniques. Mindfulness techniques help boost mood, aid concentration and improve focus [Calm zone](#) | [Childline](#)
- Help your child to implement a healthy sleep routine (8-10 hours per night for teens) to aid memory retention – much more helpful than staying up late and ‘cramming’! [How to sleep well for teenagers](#) | [Evelina London](#)



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Mental Health Information



- For parents: [Maltby Academy - Information for Parents/Carers](#)
- For pupils: [Maltby Academy - Information for Students](#)





TEACHERS


If you are worried about anything, or feel unsafe, it is always better to talk to someone. In Maltby Academy, any adult will listen to your concerns and take you seriously. They might then decide to speak to a member of the pastoral or safeguarding team to make sure you get the right help.


In Maltby Academy we work with a lot of organisations external to school and we might ask them to get involved. We can't promise not to tell anyone about your concerns, but we will tell you what steps we are planning to take to help you feel safe.

You can also report any concerns using the [Academy's SOS/Talk Button](#).

If you don't feel ready to speak to a known adult, you can contact the following organisations free of charge at any time of the day or night:

You can also sign up to Kooth for confidential emotional wellbeing and mental health support: 



Further questions



Exam queries

lholyhead@maltbyacademy.com

Pastoral issues or a new exam timetable:

nkirkham@maltbyacademy.com

Technical issues:

ma-ict@maltbyacademy.com

Revision / general queries:

rcooper@maltbyacademy.com



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