

Year 9, Life Skills, 2022/2023

Half Term 1: 5 th September – 21 st October (7 weeks)							Holiday	Half Term 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7		Week 8	Week 9
Managing Stress and Mental Wellbeing		Body Image		Relationships , Honour Based Violence, and Self Respect		Self Awareness		Self Awareness	Male Contraception
Half Term 2: 31 st October – 16 th December (7 weeks)					Holiday	Holiday	Half Term 3: 3 rd January - 10 th February (6 weeks)		
Week 10	Week 11	Week 12	Week 13	Week 14			Week 15	Week 16	Week 17
Male Contraception	Female Contraception		STIs				Careers (START website) and Investigating Careers		Employability Skills
Half Term 3: 3 rd January - 10 th February (6 weeks)			Holiday	Half Term 4: 20 th February – 31 st March (6 weeks)					
Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	Week 25	Week 26
Employability Skills	Stereotyping in Careers			Anti-Bullying		Gender Identity: Respect and Tolerance		Sexuality (LGBTQ+)	
Holiday	Holiday	Half Term 5: 17 th April – 26 th May (6 weeks)				Holiday	Half Term 6		
		Week 27	Week 28	Week 29	Week 30		Week 31	Week 32	Week 33
		Positive Online Relationships		Substance and Alcohol Abuse			Grooming and CSE		CCE and County Lines
Half Term 6: 5 th June – 21 st July (7 weeks)						Curriculum Intent:			
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	The Life Skills curriculum is a spiral curriculum, meaning that students will build on their prior knowledge, values and skills from year 7 and 8. Students will continue to develop across the three strands: Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on managing personal risk, positive relationships and discrimination. We will also consider different relationships and the behaviours expected within them. Students will learn how to keep themselves and others safe, as well as focus on British Values and the world of work.			
CCE and County Lines	Risks of Cosmetic and Aesthetic Procedures		Safety in the Community and Anti-Social Behaviour		The Big Community Project				