

Year 8, Life Skills, 2022/2023

| Half Term 1: 5 th September – 21 st October (7 weeks) | | | | | | | Holiday | Half Term 2 | |
|---|---------------------------------------|--|---|---|---------------------------|---|--|---------------------------------|---------------------------|
| Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | | Week 8 | Week 9 |
| First Aid | | Child on Child Abuse | | Bullying | | Substance Misuse | | Substance Misuse | Alcohol and Society |
| Half Term 2: 31 st October – 16 th December (7 weeks) | | | | | Holiday | Holiday | Half Term 3: 3 rd January - 10 th February (6 weeks) | | |
| Week 10 | Week 11 | Week 12 | Week 13 | Week 14 | | | Week 15 | Week 16 | Week 17 |
| Alcohol and Society | Peer Pressure, Gangs and County Lines | | Crime and Punishment | | | | Health and Fitness | | Body Image |
| Half Term 3: 3 rd January - 10 th February (6 weeks) | | | Holiday | Half Term 4: 20 th February – 31 st March (6 weeks) | | | | | |
| Week 18 | Week 19 | Week 20 | | Week 21 | Week 22 | Week 23 | Week 24 | Week 25 | Week 26 |
| Body Image | Mental and Emotional Health | | | Careers | | Political Awareness and British Values | | Freedom of Speech and Democracy | |
| Holiday | Holiday | Half Term 5: 17 th April – 26 th May (6 weeks) | | | | Holiday | Holiday | Holiday | |
| | | Week 27 | Week 28 | Week 29 | Week 30 | | | | Week 31 |
| | | Gender Identity | | Sexuality | | Respect, Love and Relationships | | | Sexting and Online Safety |
| Half Term 6: 5 th June – 21 st July (7 weeks) | | | | | | Curriculum Intent: The Life Skills curriculum is a spiral curriculum, meaning that students will build on their prior knowledge, values and skills from year 7 and the primary phase. Students will continue to develop across the three key strands: Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on mental and physical health, and help students deal with the changes they may be going through. It will also consider different relationships and the behaviours expected within them. Students will be expected to learn how to keep themselves and others safe, as well as focus on British Values and the world of work. | | | |
| Week 34 | Week 35 | Week 36 | Week 37 | Week 38 | Week 39 | | | | |
| Sexting and Online Safety | Grooming and CSE | | Safety in the Community and Anti-Social Behaviour | | The Big Community Project | | | | |