

# Year 7, Life Skills, 2022/2023



Half Term 1: 5 <sup>th</sup> September – 21 <sup>st</sup> October (7 weeks)							Holiday	Half Term 2		
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7		Week 8	Week 9	
What is Life Skills? Life Skills and Maltby Academy Key Drivers		Rights and Responsibilities		Child on Child Abuse		Bullying	Holiday	Bullying	Mental and Emotional Health	
Half Term 2: 31 <sup>st</sup> October – 16 <sup>th</sup> December (7 weeks)					Holiday	Holiday		Half Term 3: 3 <sup>rd</sup> January - 10 <sup>th</sup> February (6 weeks)		
Week 10	Week 11	Week 12	Week 13	Week 14			Week 15	Week 16	Week 17	
Mental and Emotional Health	Bereavement		Cancer: Myths and Facts		Holiday	Holiday	Healthy Eating		Managing Puberty	
Half Term 3: 3 <sup>rd</sup> January - 10 <sup>th</sup> February (6 weeks)			Holiday	Half Term 4: 20 <sup>th</sup> February – 31 <sup>st</sup> March (6 weeks)						
Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	Week 25	Week 26	
Managing Puberty	Hygiene and Reproduction		Holiday	Safety in the Home		CCE, Gun Crime and Lockdown Procedures		Smoking, Drugs, and Alcohol		
Holiday	Holiday	Half Term 5: 17 <sup>th</sup> April – 26 <sup>th</sup> May (6 weeks)						Holiday	Half Term 6	
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32		Week 33	
Healthy Relationships		Managing Emotions		Online Relationships and Safety		Sexual Bullying				
Half Term 6: 5 <sup>th</sup> June – 21 <sup>st</sup> July (7 weeks)					Curriculum Intent:					
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	In Key Stage 3 Life Skills, students build on their knowledge, understanding, skills, attributes and values they have acquired and developed during the primary phase under the headings Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on mental and physical health and help them deal with the changes they may be going through. It will also consider various different relationships and the behaviours expected within them. Students will learn how to keep themselves and others safe, as well as focus on British Values and the world of work.				
Sexual Bullying	Road and Rail Safety		Safety in the Community and Anti-Social Behaviour		The Big Community Project					