

Year 7, Life Skills, 2022/2023

Half Term 1: 5 th September – 21 st October (7 weeks)							Holiday	Half Term 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7		Week 8	Week 9
What is Life Skills? Life Skills and Maltby Academy Key Drivers		Rights and Responsibilities		Child on Child Abuse		Bullying		Bullying	Mental and Emotional Health
Half Term 2: 31 st October – 16 th December (7 weeks)					Holiday	Holiday	Half Term 3: 3 rd January - 10 th February (6 weeks)		
Week 10	Week 11	Week 12	Week 13	Week 14			Week 15	Week 16	Week 17
Mental and Emotional Health	Bereavement		Cancer: Myths and Facts				Healthy Eating		Managing Puberty
Half Term 3: 3 rd January - 10 th February (6 weeks)			Holiday	Half Term 4: 20 th February – 31 st March (6 weeks)					
Week 18	Week 19	Week 20		Week 21	Week 22	Week 23	Week 24	Week 25	Week 26
Managing Puberty	Hygiene and Reproduction			Safety in the Home		CCE, Gun Crime and Lockdown Procedures		Smoking, Drugs, and Alcohol	
Holiday	Holiday	Half Term 5: 17 th April – 26 th May (6 weeks)				Holiday	Holiday		
		Week 27	Week 28	Week 29	Week 30			Week 31	Week 32
		Healthy Relationships		Managing Emotions				Online Relationships and Safety	
Half Term 6: 5 th June – 21 st July (7 weeks)						Curriculum Intent: In Key Stage 3 Life Skills, students build on their knowledge, understanding, skills, attributes and values they have acquired and developed during the primary phase under the headings Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on mental and physical health and help them deal with the changes they may be going through. It will also consider various different relationships and the behaviours expected within them. Students will learn how to keep themselves and others safe, as well as focus on British Values and the world of work.			
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39				
Sexual Bullying	Road and Rail Safety		Safety in the Community and Anti-Social Behaviour		The Big Community Project				