



# Main



## Meal offer

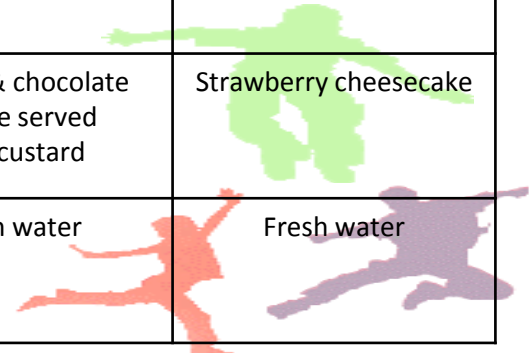
# Maltby Academy Meal Menu Offer September 2018

# Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Chefs selection	Rogan josh Lamb , basmati rice with naan bread.	Beef lasagne with Garlic bread.	Home-made chicken pie pie	Roast beef With Yorkshire pudding	Crispy battered fish
Continental choice	Vegetable Enchilada	Macaroni cheese With Garlic bread	Cheese and sweet potato pasty	Quorn tikka Pin wheels	Tomato & basil pasta bake
Potatoes	Home made spicy wedges		Diced potato	Roast & mashed	Chips
Vegetable	Garden peas Baked beans Mixed green salad	Cauliflower Sliced carrots Mixed green salad	Mixed vegetables Gardens peas Mixed green salad	Cabbage Sweetcorn Mixed green salad	Mushy peas Diced carrots Mixed green salad
Sweet	Jam Bakewell with custard	Jam roly poly with custard	Chocolate crunch with custard	Apple strawberry crumble With custard	Chocolate éclairs
Drink	Fresh water	Fresh water	Fresh water	Fresh water	Fresh water

# Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Chefs selection	Chicken korma , basmati rice with naan bread.	Home-made meat feast Pizza	Shepherds pie	Roast pork lion with Sage & onion stuffing	Oven baked cod with parsley sauce or battered fish.
Continental choice	Vegetable lasagne With Garlic bread	Vegetable chilli Con-carne With Rice	Spanish omelettes	Mediterranean Pasta bake	Cheese & tomato flan
Potatoes		Diced	Mini waffles	Roast & mashed	Chips
Vegetable	Mixed vegetable Baked beans Mixed green salad	sweetcorn Garden peas Mixed green salad	Baked beans Carrots Mixed green salad	Cabbage Cauliflower Mixed green salad	Mushy peas Sweetcorn Mixed green salad
Sweet	Syrup sponge with custard	Iced St Clements Cake	Lemon shortcake with custard	Marble & chocolate sponge served with custard	Strawberry cheesecake
Drink	Fresh water	Fresh water	Fresh water	Fresh water	Fresh water



# Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Chefs selection	Chicken tikka Basmati rice with naan bread	Beef lasagne With Garlic bread	pork and stuffing pie	Roast chicken with sage and onion stuffing	Crispy battered fish.
Continental choice	Roasted vegetable pasta	Cheese croquettes	Stuffed peppers With Tomato & basil sauce	Cheese & onion Platt	Vegetable bolognese with pasta
Potatoes	wedges	Cajun diced	New potato	Roast & mashed	Chips
Vegetable	Sweetcorn Garden peas Mixed green salad	Baked beans Carrots Mixed green salad	Mixed vegetables Gardens peas Mixed green salad	Broccoli Cauliflower Mixed green salad	Mushy peas Diced carrots Mixed green salad
Sweet	Chocolate mousse	Coconut tart with custard	Rice pudding With Cookie	Chocolate chip sponge pudding with custard	Jam & cream scone
Drink	Fresh water	Fresh water	Fresh water	Fresh water	Fresh water

