

Year 13 Diploma in Health and Social Care Curriculum Sequencing Grid 2022-2023 Mrs Jones			
Subject: Health and Social Care	Term One	Term Two	Term Three
Unit <i>(Tablet in 39 week plan)</i>	Unit 19: Nutritional Health	Unit 19: Nutritional Health	Unit 19: Nutritional Health
Key Retainable Skills <i>(required for Y12)</i> <i>What... How... Why...</i>	LAA: Understand concepts of nutritional health and characteristics of essential nutrients LAB: Examine factors affecting dietary intake and nutritional health	LAC: Plan nutrition to improve individuals' nutritional health	LAC: Plan nutrition to improve individuals' nutritional health
Key Retainable Knowledge <i>(required for Y12)</i> <i>What... How.... Why....</i>	Nutritional measures and recommended dietary intakes Characteristics of essential nutrients Dietary needs of individuals Factors affecting nutritional health Factors affecting dietary intake	Assessment of nutrient intake Nutritional health improvement plan	Assessment of nutrient intake Nutritional health improvement plan
Key Technical Vocabulary <i>To be modelled and deliberately practiced in context.</i>	Balanced diet Malnutrition Nutritional issues BMI Growth charts Essential nutrients Dietary needs Factors	Nutritional assessment Sources Quantitative analysis RDI Meal plan	Nutritional assessment Sources Quantitative analysis RDI Meal plan
Opportunities for reading	NHS Digital https://digital.nhs.uk/ Childhood obesity articles ONS Medical journals Pre-release material articles Eatwell guide British Nutrition Foundation http://explorefood.foodafactoflife.org.uk/		

	https://www.nutritionvalue.org/ https://www.nutritionvalue.org/yournutrition https://www.nutrition.org.uk/healthyliving/healthyeating.html
Developing Cultural Capital <i>Essential knowledge and skills of educated citizens.</i>	Applying the essential skills and knowledge to case studies/celebrities/authentic contexts.
Authentic Connections – Cross Curricular Links	Psychology/Sociology –Eating behaviours Sociology – Factors affecting health, socio-economic factors Physical education –Nutritional health, RDIs, dietary needs, factors affecting health, nutritional health plan Science – Essential nutrients
Key Assessment	<p>Assessments scheduled following each topic completed. Each assessment includes assessment on the previous topic completed to hone long-term memory. Each assessment is standardised with another member of staff in department.</p> <p>Once the assignment is completed by the student, it is then marked by the teacher. A percentage of this marking is then internally verified by another KS5 Health and Social Care teacher to ensure that assessment is accurate. Students have 15 working days to then resubmit their assignment to a higher standard. This is then again, marked by the teacher and internally verified to ensure accuracy of assessment.</p>