



# Main



## Meal offer

# Maltby Academy Meal Menu Offer September 2019

# Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Chef's selection	Chicken Balti with basmati rice and naan bread.	Meatballs pasta with Garlic bread.	Home-made chicken pie	Roast beef With Yorkshire pudding	Crispy battered fish
Continental choice	Macaroni cheese With Garlic bread	Ciabatta topped with roast vegetable and cheese	Stuffed red pepper With Tomato sauce	Creamy mushrooms inside a Yorkshire pudding	Tomato & basil pasta bake
Potatoes		Home made spicy wedges	Diced potato	Roast & mashed	Chips
Vegetable	Garden peas Sweetcorn Mixed green salad	Baked beans Sliced carrots Mixed green salad	Mixed vegetables Gardens peas Mixed green salad	Cabbage Broccoli Mixed green salad	Mushy peas Diced carrots Mixed green salad
Sweet	Chocolate chip sponge with custard	Lemon Roly poly with custard	Rice pudding With a cookie	Apple strawberry crumble With custard	Chocolate croissant
Drink	Fresh water	Fresh water	Fresh water	Fresh water	Fresh water

# Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Chef's selection	Chicken korma , basmati rice with naan bread.	Bangers and Mash	Shepherds pie	Roast pork loin with Sage & onion stuffing	Oven baked cod with parsley sauce or battered fish.
Continental choice	Home made Cheese pasty	Vegetable lasagne With Garlic bread	Vegetable hot pot	Mediterranean Pasta bake	Cheese & tomato flan
Potatoes	Wedges		Mini waffles	Roast & mashed	Chips
Vegetable	Mixed vegetable Baked beans Mixed green salad	sweetcorn Garden peas Mixed green salad	Baked beans Carrots Mixed green salad	Cabbage Cauliflower Mixed green salad	Mushy peas Sweetcorn Mixed green salad
Sweet	Syrup sponge with custard	Viennese tart With Ice cream	Lemon shortcake with custard	Marble sponge served with custard	Strawberry cheesecake
Drink	Fresh water	Fresh water	Fresh water	Fresh water	Fresh water

# Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Chef's selection	Chicken tikka Basmati rice with naan bread	Beef bolognaise With Garlic bread	Home made meat feast Pizza	Roast chicken with sage and onion stuffing	Crispy battered fish.
Continental choice	Roasted vegetable pasta with Garlic bread	Vegetable Korma with rice And Naan bread	Cheese and tomato Pizza	Vegetable shepherds pie	Vegetable bolognaise with pasta
Potatoes			Wedges	Roast & mashed	Chips
Vegetable	Carrots Garden peas Mixed green salad	Baked beans Carrots Mixed green salad	Mixed vegetables Gardens peas Mixed green salad	Broccoli Cauliflower Mixed green salad	Mushy peas Sweetcorn Mixed green salad
Sweet	Chocolate mousse	Coconut tart with custard	Rice pudding With Cookie	Jam Bakewell with custard	Jam & cream scone
Drink	Fresh water	Fresh water	Fresh water	Fresh water	Fresh water