



**YOUTH
WITHOUT
LIMITS**

**START
YOUR BRONZE
DOFE**



What is the DofE?

The DofE is a life-changing adventure for young people aged 14-24

It helps young people develop skills for their future life and work



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Background

- Founded in 1956
- 144 countries
- 14-24 year olds
- Over 6 million people



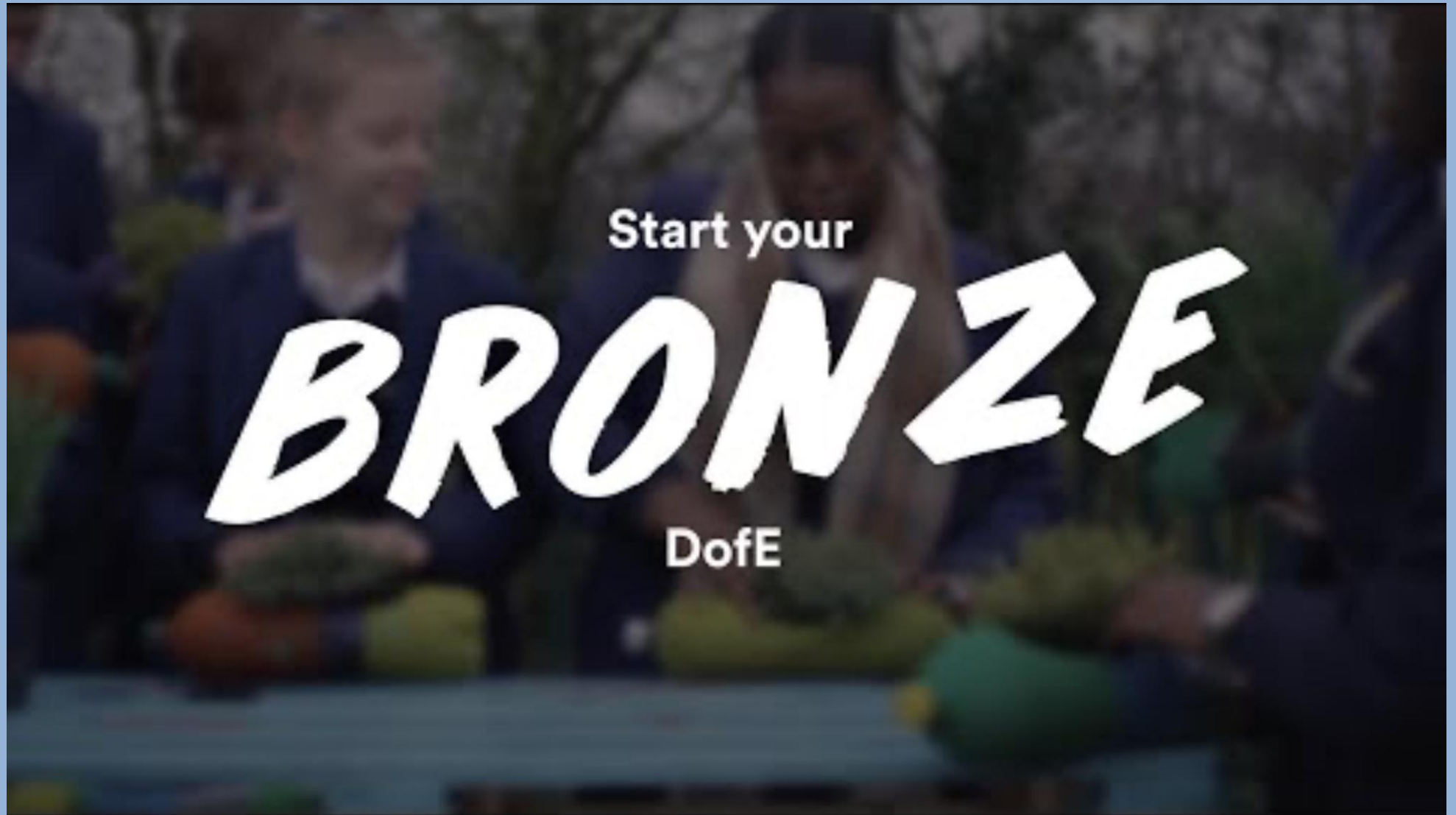
What is involved?

BRONZE AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
3 months	3 months	3 months	2 days 1 night
Plus a further 3 months in either the Volunteering, Physical or Skills section.			

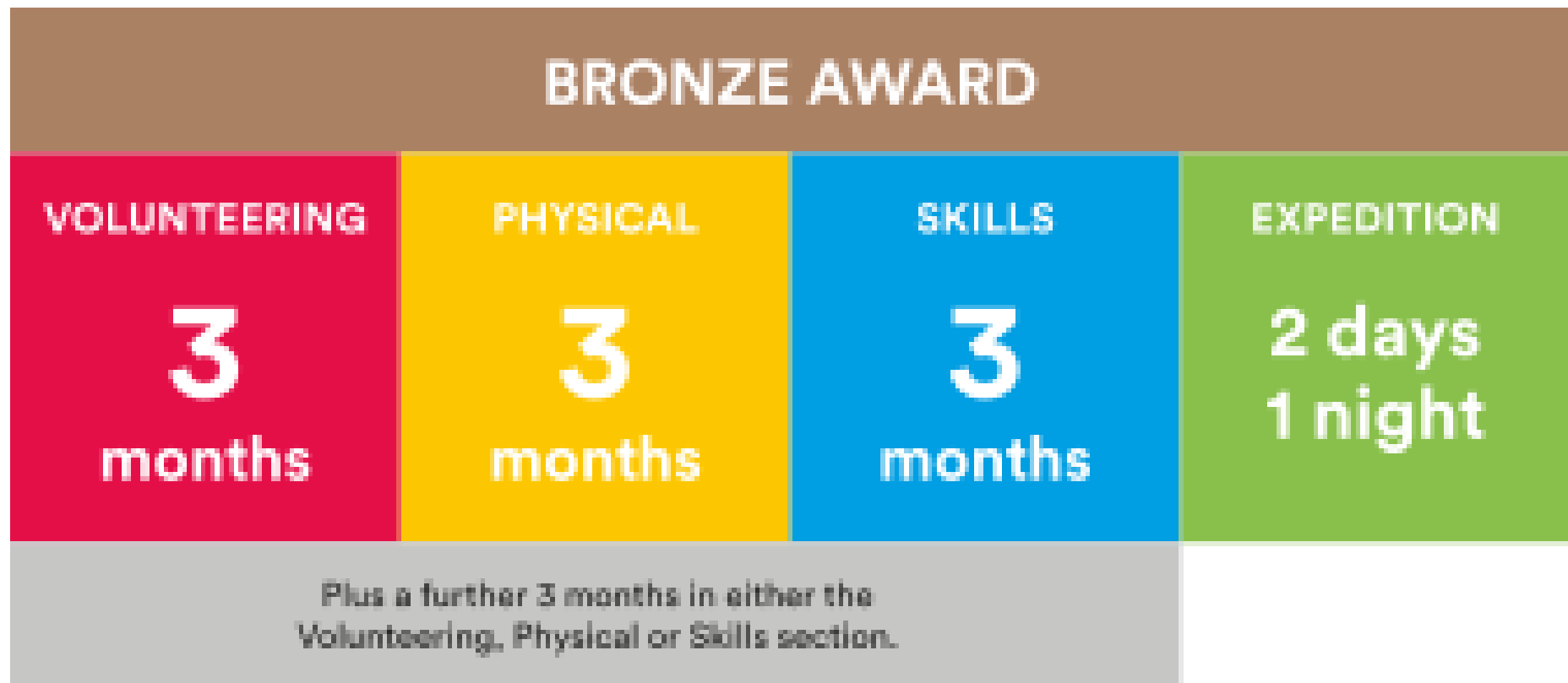
SILVER AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
6 months	6 OR 3 months	6 OR 3 months	3 days 2 nights
Physical and Skills sections: one section for 6 months and the other section for 3 months			
If you didn't do BRONZE, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.			

GOLD AWARD				
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION	RESIDENTIAL
12 months	12 OR 6 months	12 OR 6 months	4 days 3 nights	5 days 4 nights
Physical and Skills sections: one section for 12 months and the other section for 6 months				
If you didn't do SILVER, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.				

Introducing the DofE



The Bronze Award



Physical section

Improving their health and fitness and having fun along the way!



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Skills section

Developing existing skills or discovering new things to love



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Volunteering section

Helping others and making a difference to the causes they care about




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If you're short of ideas.....

Programme ideas sheet

Programme ideas: **VOLUNTEERING SECTION**



Volunteering can transform society. This section seeks to help connect young people with opportunities to make a meaningful impact on issues they care about and have a positive societal impact.

When completing each section of your programme ideas that you could do, you should develop a programme which is specific and relevant to you.

This sheet gives you a list of programme ideas that you could do. You could also use this list as a starting point to create a Volunteering section programme of your own.

You can find more information at DofE.org/finder and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

Programme ideas: Volunteering section

Increase community cohesion

- Cyber safety
- Council representation
- Home accident prevention
- Neighbourhood watch
- Personal safety
- Promotion and PR
- Road safety

Lead change

- Campaigning
- Being a volunteer lifeguard
- Event management
- Fundraising
- Mountain rescue
- Organising a demonstration
- Raising awareness about an issue
- Religious education
- Serving a faith community
- Working in a charity shop

Develop teamwork and leadership

- DofE Young Leader
- Group leadership
- Head student
- Prefect
- Mentoring
- Music coaching
- Sports coaching
- Tutoring

Support community well-being

- Beach and coastline conservation
- Community garden
- Helping children to read in libraries
- Environment
- Letter writing scheme
- Litter picking
- Parkrun volunteer
- Preserving waterways
- Rural conservation
- Urban conservation
- Young carer
- Youth work

Supporting a charity

- Administration
- Being a charity intern

Build empathy

- Animal welfare
- Drug and alcohol education
- Food bank
- Helping children
- Helping in medical services e.g. Hospitals
- Helping older people
- Helping people in need
- Helping people with additional needs
- Working at an animal rescue centre
- Zoo/farm/nature reserve work

Leading a voluntary organisation group

- Girls' Venture Corps
- Sea Cadets
- Air Cadets
- Jewish Lads' and Girls' Brigade
- St John Ambulance
- Scout Association
- Air Training Corps
- Army Cadet Force
- Boys' Brigade
- CCF
- Church Lads' & Girls' Brigade
- Girlguiding UK
- Girls' Brigade Sports



It is important to choose appropriate activities at the start.

Expedition

Spending time in the great outdoors and creating lifelong memories



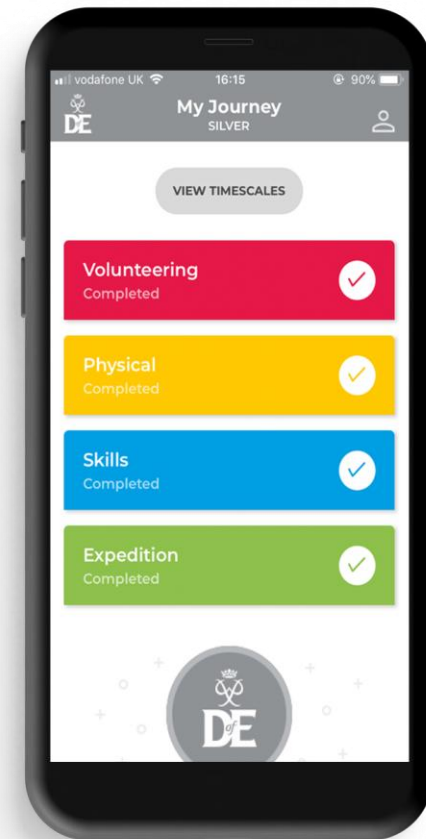
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Parents/ carers
Your role
Guidance
Encouragement
Practical support
Recognising achievement



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Your Welcome Pack and eDofE



eDofE login timeline

The importance of keeping track

Keeping track helps to make sure that you complete all of your sections and receive your certificate and badge. You should login and get started within 8 weeks, if not sooner!



Enrolled to eDofE

Your leader will add you to eDofE and you will receive your username and password.

Within 2 weeks

Login to eDofE within 2 weeks of being enrolled.

Within 4 weeks

Choose activities for at least 1 section and submit to your leader.

Within 6 weeks

Your leader will let you know if there are any problems with your activities and help you.

Within 8 weeks

At 8 weeks after you were enrolled, you should have started at least 1 of your activities and keep track using the App.

Adding evidence

After your activities have been approved, you can begin adding evidence.

Obligatory after school sessions to touch base and review progress/ issues



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Assessor's Reports

Each section needs a report completed by an adult assessor. This can be submitted through the [Assessor's Portal](#) or on the cards that

you will receive with your Welcome Pack.

Participants should complete:

- Name; ID number; Award Level
- Description of Activity
- Start and end Date
- Timeframe chosen for section
- Goals

Assessor should complete the remainder **IN FULL**.

- The assessor **MUST** be over 18
 - The assessor **MUST** be independent – so **NOT** a family member



Bronze

Detach and hand this to your Assessor at the **START** of your DoFE activity.

Assessors cannot be related to a DoFE participant. They should be an expert in the chosen activity (such as the activity leader). DoFE Leaders must approve the choice of Assessor for each section.

My name: _____ eDoFE ID No: _____

Assessor's Guidance Notes

Thank you for your time and commitment offering to assess me for the Volunteering section of my DoFE programme.

I hope that you will enjoy your involvement, helping me through the section and to get the most from my activities.

For this section of my **Bronze** DoFE programme, I have to give practical voluntary service to individuals, the environment or my community over a set period of time. I need to spend the following length of time regularly doing my volunteering activity, averaging at least one hour a week:

Participate to a minimum of _____ months

Can you please:

- Understand what I want to get out of it and help me set my goals.
- Help me with advice, training and supervision as needed.
- Support and encourage me while I'm volunteering.
- Be available throughout my volunteering time and monitor my progress.
- Do a final assessment at the end – discussing my experiences, how I developed and how I reached my goals.

When I have completed the time requirements and achieved my goals, please can you register your comments on my progress by the suggested methods overleaf. This will be my evidence of completing my Volunteering section.

Assessor's Guidance Notes – VOLUNTEERING

Detach and hand this to your Assessor at the **END** of your DoFE activity.

ASSESSOR'S REPORT: VOLUNTEERING

To the participant

Remove this card, fill in your details on the other side and hand it to your Assessor when you have completed the activity for the required period of time.

If your Assessor chooses to complete their report online, it will be sent to your DoFE Leader to approve. If the Assessor completes this form, when they return it to you completed and signed, scan or photograph it and upload it to eDoFE, marking it as an Assessor's Report. When it has been approved you will see it appear in your View Evidence folder in eDoFE. You can then submit this section for sign-off. You can also add your own comments in eDoFE.

To the Assessor

Thank you for assessing this participant in their volunteering activity for their DoFE Award.

To achieve an Award, participants need to prove what activities they've been doing, how they've progressed and how they've met the goals they set for each section. Please complete your report online at:

DoFE.org/Assessor

You will need the information in the top right-hand box of the other side of this card to make your report. Alternatively, you can write your comments in the space provided overleaf and return this card to the participant.

What to include in a report:

Please describe the achievements of the participant as they did this section. Say how they met their goals, what skills they have developed and mention any memorable things that they accomplished. Please remember to keep your comments personal, positive and encouraging.

Thank you for supporting young people with their DoFE activities. If you'd like to stay in touch with the DoFE, please visit [DoFE.org/preferences](#).

Assessor's Report – VOLUNTEERING

ASSESSOR'S REPORT: VOLUNTEERING

Participant: _____
eDoFE ID No: _____
Level: **Bronze**

Description of activity: _____

Date started: ____/____/____ Completed: ____/____/____ (____ months)

Goals set by participant: _____

Assessor's comments:

Please write as much as possible, talking about training, teamwork (if applicable) and achievements. What you write will celebrate the achievement of the young person and form part of their permanent record of their DoFE programme. Please note: the information you have provided in this report will be scanned and stored by the DoFE as part of its record of the participant's achievement. The DoFE will not share your personal data with third parties.

What progress did they make towards their goals?

What did they achieve? What skills did they learn?

How frequently did they take part in this activity?

Any other comments?

Signature: _____ Date: ____/____/____

Assessor's first name: _____ Last name: _____

Assessor's position/qualification: _____

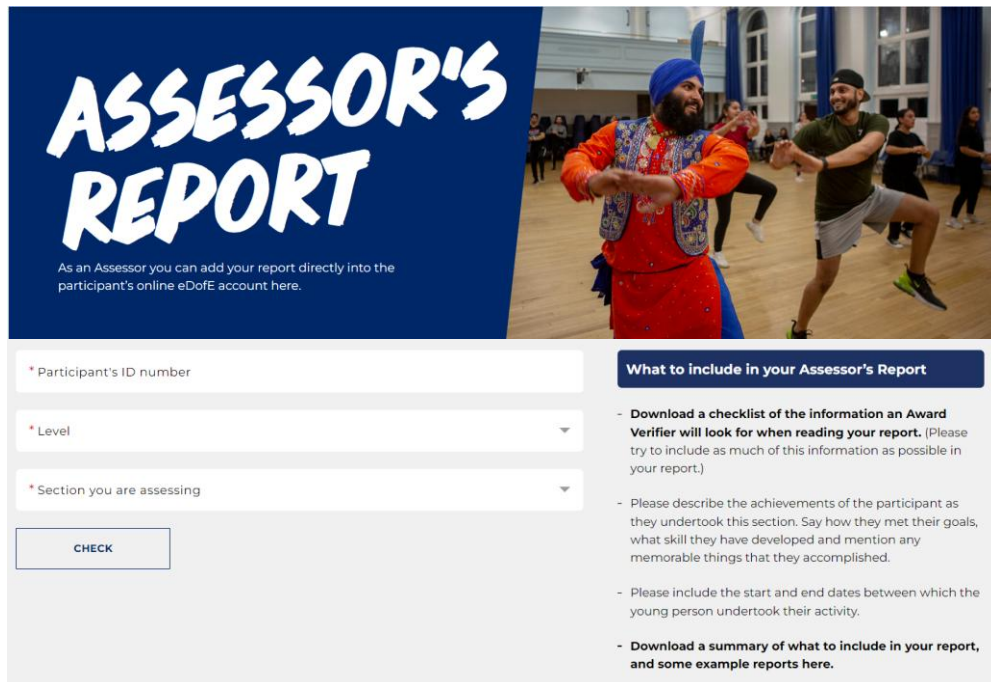
Assessor's phone number: _____

Assessor's email: _____

Participants should scan or photograph this page and upload to eDoFE as evidence.

Assessor's Reports

Assessor's Portal



ASSESSOR'S REPORT

As an Assessor you can add your report directly into the participant's online eDofE account here.

* Participant's ID number

* Level

* Section you are assessing

CHECK

What to include in your Assessor's Report

- Download a checklist of the information an Award Verifier will look for when reading your report. (Please try to include as much of this information as possible in your report.)
- Please describe the achievements of the participant as they undertook this section. Say how they met their goals, what skill they have developed and mention any memorable things that they accomplished.
- Please include the start and end dates between which the young person undertook their activity.
- Download a summary of what to include in your report, and some example reports here.

www.dofe.org/assessor

Your assessor will need to know:

- Your eDofE Number
- The level you are doing
- Which section they are assessing

This will go directly onto your eDofE record!

Assessor's card



DE ASSESSOR'S REPORT: SKILLS

Participant: _____
eDofE ID No: _____
Level: **Bronze**

Description of activity: _____

Date started: ___/___/___ Completed: ___/___/___ (___ months)

Goals set by participant: _____

Assessor's comments:

Please write as much as possible, talking about training, teamwork (if applicable) and achievements. What you write will celebrate the achievement of the young person and form part of their permanent record of their DofE programme. Please note: the information you have provided in this report will be scanned and stored by the DofE as part of its record of the participant's achievement. The DofE will not share your personal data with third parties.

What progress did they make towards their goals?

What did they achieve? What skills did they learn?

How frequently did they take part in this activity?

Any other comments?

Signature: _____ Date: ___/___/___

Assessor's first name: _____ Last name: _____

Assessor's position/qualification: _____

Assessor's phone number: _____

Assessor's email: _____

Participants should scan or photograph this page and upload to eDofE as evidence.

You receive this in your Welcome Pack through the post

Additional evidence can be collected and added to eDofE to support the Assessor's Report.

- Weekly written entry of what was achieved that week
- Activity Logs
- Certificates
- Medals
- Photos
- Screenshots from activity trackers

Physical section:
ACTIVITY LOG

Name:

Level: (Bronze, Silver or Gold) Timescale: (no. of months for this section)

Notes:

- If extra space is needed, use an additional log.
- This Activity Log is only a personal record of the time you spend on your activities for each section.
- Remember to add this information, along with scans, photographs etc. (as high resolution jpegs) as evidence into eDofE.
- Download extra copies of this Activity Log, plus logs for the other sections, from eDofE.org or DofE.org/go/downloads
- For Expedition/Residential records, please refer to the Keeping Track booklet.
- You can ask your Assessor, Leader, Instructor, trainer, coach, mentor etc. to initial each entry.

Date	What you did	Hours	Initials

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Volunteering section:
ACTIVITY LOG

Name:

Level: (Bronze, Silver or Gold) Timescale: (no. of months for this section)

Notes:

- If extra space is needed, use an additional log.
- This Activity Log is only a personal record of the time you spend on your activities for each section.
- Remember to add this information, along with scans, photographs etc. (as high resolution jpegs) as evidence into eDofE.
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Date	What you did	Hours	Initials

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Skills section:
ACTIVITY LOG

Name:

Level: (Bronze, Silver or Gold) Timescale: (no. of months for this section)

Notes:

- If extra space is needed, use an additional log.
- This Activity Log is only a personal record of the time you spend on your activities for each section.
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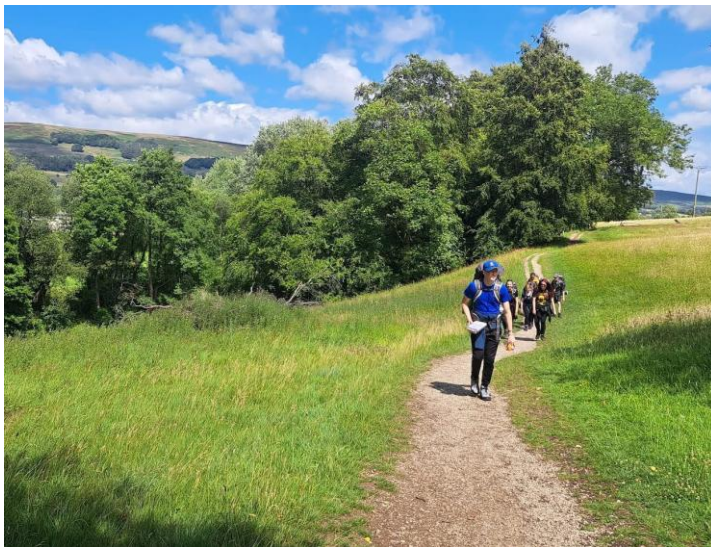
Date	What you did	Hours	Initials

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The expedition

- ✓ July 2026
- ✓ 2 days 1 night
- ✓ The Peak District
- ✓ Groups of 7 maximum
- ✓ **Obligatory** after school practice/ training sessions (e.g. map skills, navigating, campcraft)
- ✓ **Obligatory** practice walk (on a Sunday)
- ✓ The volunteering, physical and skills sections **MUST** be completed beforehand before you can go on the expedition
- ✓ Participation also depends on attendance and behaviour
- ✓ There are checkpoints along the route where you must meet a member of staff



Expedition kit

- ✓ A kit list will be provided
- ✓ Students provide their own kit
- ✓ However, if required we have some kit that can be borrowed (this is limited: waterproof jackets, boots, waterproof trousers, sleeping bags, roll mats, rucksacks)

We provide:

- ✓ Tents
- ✓ Stoves and camping gas
- ✓ Cooking utensils
- ✓ Compasses
- ✓ Route cards
- ✓ Transport!



eDofE Card

Gives you a discount at 5 major outdoor activity retailers



Always show your DofE Card or Digital DofE Card.

You'll get the best savings and help support young people to do their DofE.

GO
Outdoors

GOoutdoors.co.uk

**EXTRA
10%
off**

GO Outdoors
Discount
Card price

 **Blacks**

Blacks.co.uk

**15%
off**

Current
selling price
(Includes reduced
price items)

 **millets**

Millets.co.uk

**15%
off**

Current
selling price
(Includes reduced
price items)

 **Ultimate
Outdoors**

Ultimateoutdoors.com

**15%
off**

Current
selling price
(Includes reduced
price items)

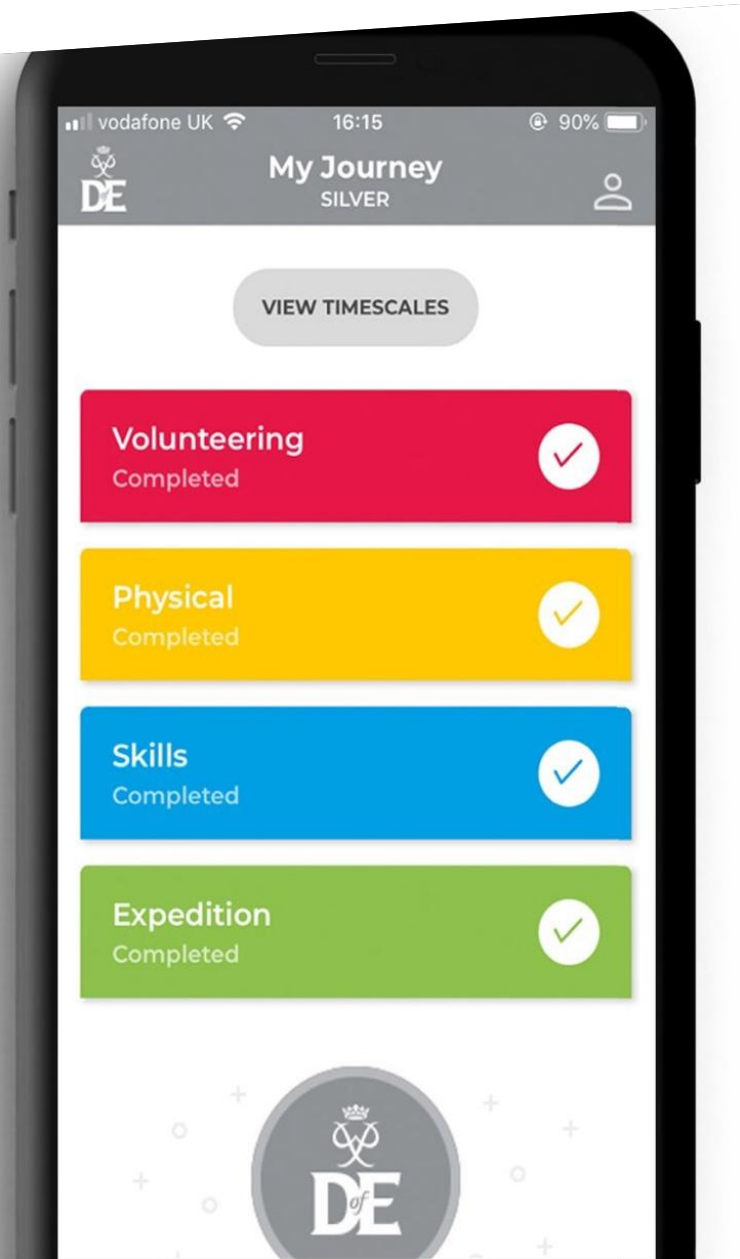

Geared up for the outdoors

Tiso.co.uk

**15%
off**

Retail price

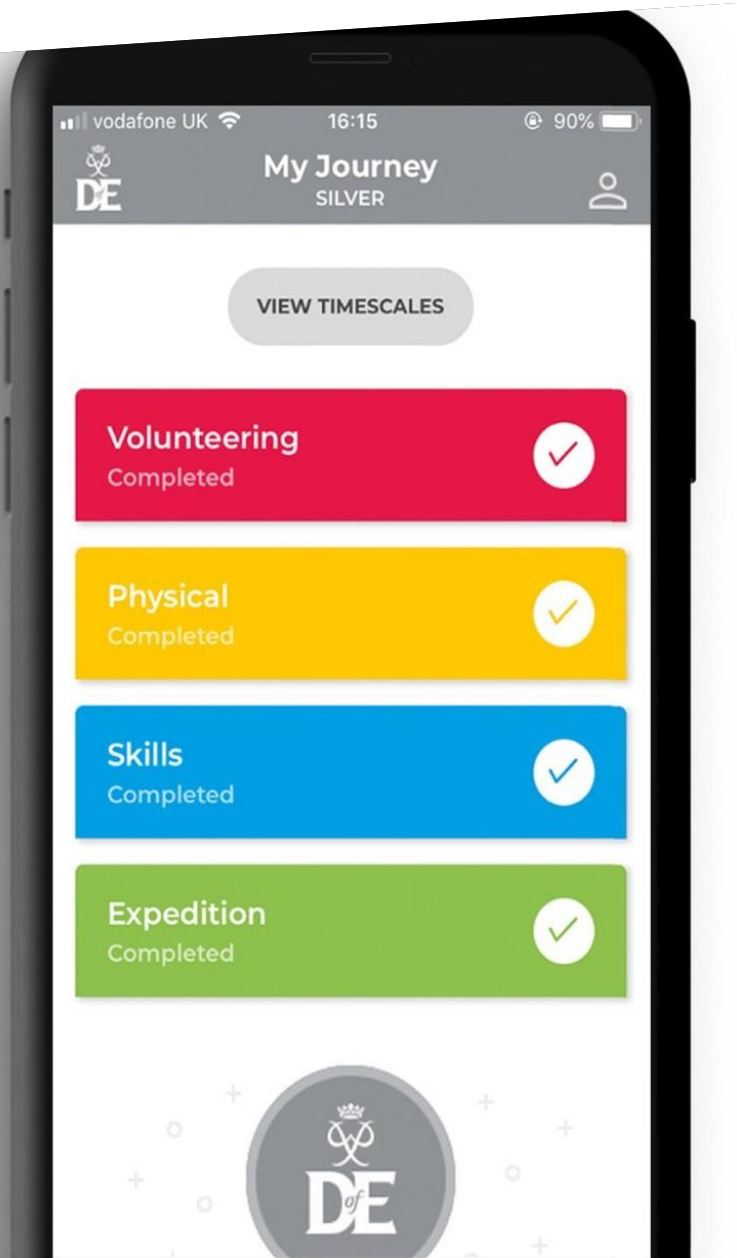
First steps



- ✓ Parents/carers complete Friday's online form
- ✓ MA will create Parent Pay account
- ✓ Cost = £50/ student*
- ✓ Mr. Clarke will create your eDofE login and notify the students when the account is live
- ✓ Students login into their account (the password will be their name and date of birth)
- ✓ Students login and change their password

Next steps

- ✓ Submit all 3 Programme Planners for approval
- ✓ Check eDofE for any queries or approvals from your DofE Leader
- ✓ Download the DofE App
- ✓ Keep a record of the activities you complete each week
- ✓ Enjoy completing your DofE Award!





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**ANY
QUESTIONS?**

Email: dclarke@maltbyacademy.com

Duke of Edinburgh Co-ordinator



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