

# PE Year 7 - L band Indoor 2020/2021

Planned as- 7L/1-Boys -7L/2- Girls -7L/3 - Mixed



Half Term 1: 1st September - 23rd October (8 weeks).								Holiday	Half Term 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9	
7L/1-Striking and Fielding				Assessment Week	7L/1-Athletics				Athletics	
7L/2-Athletics					7L/2- Striking and Fielding				S&F	
7L/3-Striking and Fielding					7L/3- Athletics			Athletics		
Half Term 2: 2nd November - 18th December (7 weeks).						Holiday	Half Term 3			
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15		Week 16	Week 17		
Assessment Week	7L/1-Fitness				Assessment Week		7L/1-Badminton			
	7L/2-Badminton						7L/2-Fitness			
	7L/3-Badminton					7L/3-Fitness				
4th January - 12th February (6 weeks).				Holiday	Half Term 4: 22nd February - 26th March (5 weeks).					
Week 18	Week 19	Week 20	Week 21		Week 22	Week 23	Week 24	Week 25	Week 26	
7L/1-Badminton		Assessment Week	7L/1-Handball		7L/1-Handball			Assessment Week	7L/1-Basketball	
7L/2-Fitness			7L/2-Dance		7L/2-Dance				7L/2-Basketball	
7L/3-Fitness			7L/3-Basketball	7L/3-Basketball			7L/3-Gymnastics			
Holiday		Half Term 5: 12th April - 28th May (7 weeks).							Holiday	
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Week 33		
		7L/1-Basketball					Assessment Week	7L/1-Gymnastics		
		7L/2-Basketball						7L/2-Gymnastics		
7L/3- Gymnastics					7L/3-Handball					
Half Term 6: 7th June - 16th July (6 weeks).						Curriculum Manifesto/Principles:				
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39					
7L/1-Gymnastics					Assessment Week					
7L/2-Gymnastics										
7L/3-Handball										

# PE Year 7- L band Outdoor 2020/2021

Planned as- 7L/1-Boys -7L/2- Girls -7L/3 - Mixed



Half Term 1: 1st September - 23rd October (8 weeks).								Holiday	Half Term 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9	
7L/1-Athletics				Assessment Week	7L/1- Striking and Fielding				S&F	
7L/2-Striking and Fielding					7L/2- Athletics				Athletics	
7L/3-Athletics					7L/3- Striking and Fielding			S&F		
Half Term 2: 2nd November - 18th December (7 weeks).						Holiday	Half Term 3			
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15		Week 16	Week 17		
Assessment Week	7L/1-Outdoor Fitness				Assessment Week		7L/1-OAA			
	7L/2- OAA						7L/2-Outdoor Fitness			
	7L/3-Outdoor Fitness					7L/3-OAA				
4th January - 12th February (6 weeks).				Holiday	Half Term 4: 22nd February - 26th March (5 weeks).					
Week 18	Week 19	Week 20	Week 21		Week 22	Week 23	Week 24	Week 25	Week 26	
7L/1-OAA		Assessment Week	7L/1-Hockey		7L/1-Hockey			Assessment Week	7L/1-Football	
7L/2-Outdoor Fitness			7L/2-Football		7L/2-Football				7L/2-Hockey	
7L/3-OAA			7L/3-Netball		7L/3-Netball				7L/3-Football	
Half Term 5: 12th April - 28th May (7 weeks).								Holiday		
Holiday		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32		Week 33	
7L/1-Football				Assessment Week			7L/1-Rugby			
7L/2-Hockey							7L/2- Netball			
7L/3- Football							7L/3-Hockey/Rugby			
Half Term 6: 7th June - 16th July (6 weeks).						Curriculum Manifesto/Principles:				
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39					
7L/1-Rugby					Assessment Week					
7L/2-Netball										
7L/3-Hocky/Rugby										